



## Summary of Programs

### **Option I Book Seminars**

*If Life is a Game, These are the Rules*

*If Love is a Game, These are the Rules*

*If Success is a Game, These are the Rules*

*If High School is a Game, Here's How to Break the Rules*

*The Gift of Motherhood*

### **Time Options:**

- One-hour lecture
- Two-hour interactive
- Four-hour experiential workshop with a timely break in the middle

### **Who are the ideal Licensees:**

- Trainers with presentation experience
- Speakers who want course materials to present
- Coaches who want to expand their repertoire
- Therapists who want to expand their practice
- Individuals who have the talent, desire, and the sphere of influence

### **Cost Options:**

- Depending on Country and Currency, etc.

### **Number of Participants:**

- Up to 50 men and women

### **Prerequisite:**

- Participants should buy the appropriate book related to the seminar either in advance or at the seminar or at the seminar signed by the author



## **Option II Negaholics**

- Negaholics Interactive CD series
- Negaholics Interactive Video series

- **Negaholics seminar** in PowerPoint with trainer notes

This seminar helps individuals and teams diagnose negativity, locate it, and Create a plan to successfully address it. After completing the program, participants will know why people become negative, and what to do to help individuals and teams turn the Negativity into productive, positive results

### **Time Options:**

- One-hour per module with discussion during lunch
- One day interactive seminar

### **Who are the ideal Licensees:**

- People who want to help people overcome negativity

### **Who these seminars are for:**

- Individuals who want to overcome and manage negativity
- Corporations who want to host “Learn at Lunch” programs for Change Management initiatives

### **Cost Options:**

- Whatever the market will bear

### **Number of Participants:**

- Up to 25 men and women

### **Can include:**

- Seminar PowerPoint slides with trainer notes
- Additional Workbook for CD or Video per participant \$30 pp

### **Prerequisite:**

Ideally participants would either read *Negaholics* (for individuals) or if for a corporate audience, *The Corporate Negaholic: How to Deal With Negative Colleagues, Managers and Corporations*



## Option III Personal Development Programs

### • **Inner Negotiation Workshop (two-days)**

Make your choice, Change your Life, Launch your dream!

This is what happens in this two-day intensive (INW) for those who are ready, willing and able to go for it! For the thousands of people (over 30 years) who have taken this workshop, life is not the same after as it was before. Past participants use these words to describe it: "Powerful, profound, precious, life-altering, and a turning point!" Without using force, pressure, or "know and tell" methods, the leaders facilitate participants determining what they want, examining what is in the way, and addressing each concern individually, and strategizing a plan to be able to make their visions, dreams and goals become reality.

### • **Personal Financial Mastery (six sessions)**

For people who ignore, neglect or abuse their finances, this one-day program dramatically alters the way you manage your resources, specifically money. Use of partner exercises, dialog, and written exercises, PFM gently helps participants take charge of their finances so they get what they want.

### • **The Relationship Course (one-day)**

For people who ignore, neglect or abuse their primary relationship, this one-day program dramatically alters the way you treat your significant "other." Use of partner exercises, dialog, and written exercises, The MMS Relationship Course gently helps participants come into alignment with their personal partners.

### • **I Love My Body (one-day)**

For people who ignore, neglect or abuse their bodies, this one-day program dramatically alters the way you treat the "temple of your soul." Use of partner exercises, dialog, and mirrors, it gently helps participants come into alignment with mind, body, and spirit.

### • **Self Empowering Series (six sessions)**

During the six-week process, participants have the opportunity to examine objectives that they might otherwise let slide. This program takes the principles of the Inner Negotiation Workshop and applies them to daily life. Each area of life is addressed: physical, spiritual, emotional, financial, and relationships in order to ascertain that participants are getting what they truly want out of life. The program takes nothing for granted and allows deep involvement in the creation of one's own life design. The non-judgmental climate of support provides participants with a safe haven to breakthrough old patterns and formulate new healthy behaviors. For thirty years people say that they experience a sense of growing strength and courage to make their lives nothing short of miraculous.



• **INW Review (one-day)**

This one-day review is for graduates of the Inner Negotiation Workshop. Participants come with their list of objectives and are empowered to create their rituals, processes/exercises, and rites of passage to breakthrough old patterns and go for their dreams. For those who have limited time and desire maximum results, this program is efficient and effective.

• **Teen Self Esteem Workshop (two-days)**

For teens of graduates of the Inner Negotiation workshop to start taking charge of their lives at the most out-of-control time. It is designed to have teens articulate their issues, see them objectively, and formulate action plans to resolve their concerns. The reason the parents need to have taken the workshop is to share the philosophy, methods, and values.

• **Young People's INW (two-days)**

For children (ages 6-11) of graduates of the Inner Negotiation workshop to start visualizing what they want. Kids draw and act out their issues, and find ways to get their needs met without acting out. The reason the parents need to have taken the workshop is to share the philosophy, methods, and values.

**Time Options:**

- One-day courses, except INW= two-day course, Series = 6 sessions

**The ideal Licensees:**

- Trainers with marketing expertise and a following
- Therapists with group experience

**Who these seminars are for:**

- Individuals who want accelerated personal development

**Cost Options:**

- Whatever the market will bear

**Number of Participants:**

- 20-40 men and women

**Includes CD with the following:**

- Seminar PowerPoint slides with trainer notes
- Master workbook for participants

**Prerequisite:**

Ideally participants would either read *Negaholics* or *If Life is a Game, These are the Rules*



## **Option IV Corporate Programs**

1. Change Management
2. Coaching Skills Workshop
3. Communication and Conflict Resolution
4. Consultative Sales
5. Interviewing Skills
6. Leadership Training
7. Performance Appraisal
8. Presentation Skills
9. Self-Management
10. Stress Management
11. Termination and Exit
12. Women in Leadership

### **Time Options:**

All programs are one-day in length except for Women in Leadership, which is two-days long

### **The ideal Licensees:**

An independent consultant or corporate trainer who wants proven off the shelf programs

### **Who these seminars are for:**

Supervisors and Managers who need to be well trained in a short period of time

### **Cost Options:**

Whatever the trainer's per diem commands

### **Number of Participants:**

- 20-40 men and women

### **Prerequisite:**

Ability to speak and train from the platform



## **Option V Corporate Processes**

1. Employee Owned Changer™
2. Teambuilding
3. Customer Service

### **Time Options:**

Individually arranged with senior MMS consultant

### **The ideal Licensees:**

An independent consultant or corporate trainer with knowledge and experience

### **Who this program is for:**

Corporate employees

### **Cost Options:**

Based on per diem, client budget, and market

### **Number of Participants:**

Depends on the organization's needs and wants

**Prerequisite read:** *The Corporate Negaholic*



## **Option VI Professional Training**

1. The MMS Coach's Training
2. Mediation and Partnership Training
3. The MMS Way: How to lead MMS Programs

### **The Licensees Prerequisites for Option VI:**

Someone who has completed the MMS Coach's Training, and has facilitated the CT and has a sphere of influence in their own area

### **Who these seminars are for:**

People who want to be trained as MMS coaches

### **Cost Options:**

Price will vary depending on country, currency, and market.

### **Number of Participants:**

- In 2005 individual arrangements will be made

### **Prerequisite:**

The MMS Coach's Training  
Facilitating MMS CT  
On-the-job training